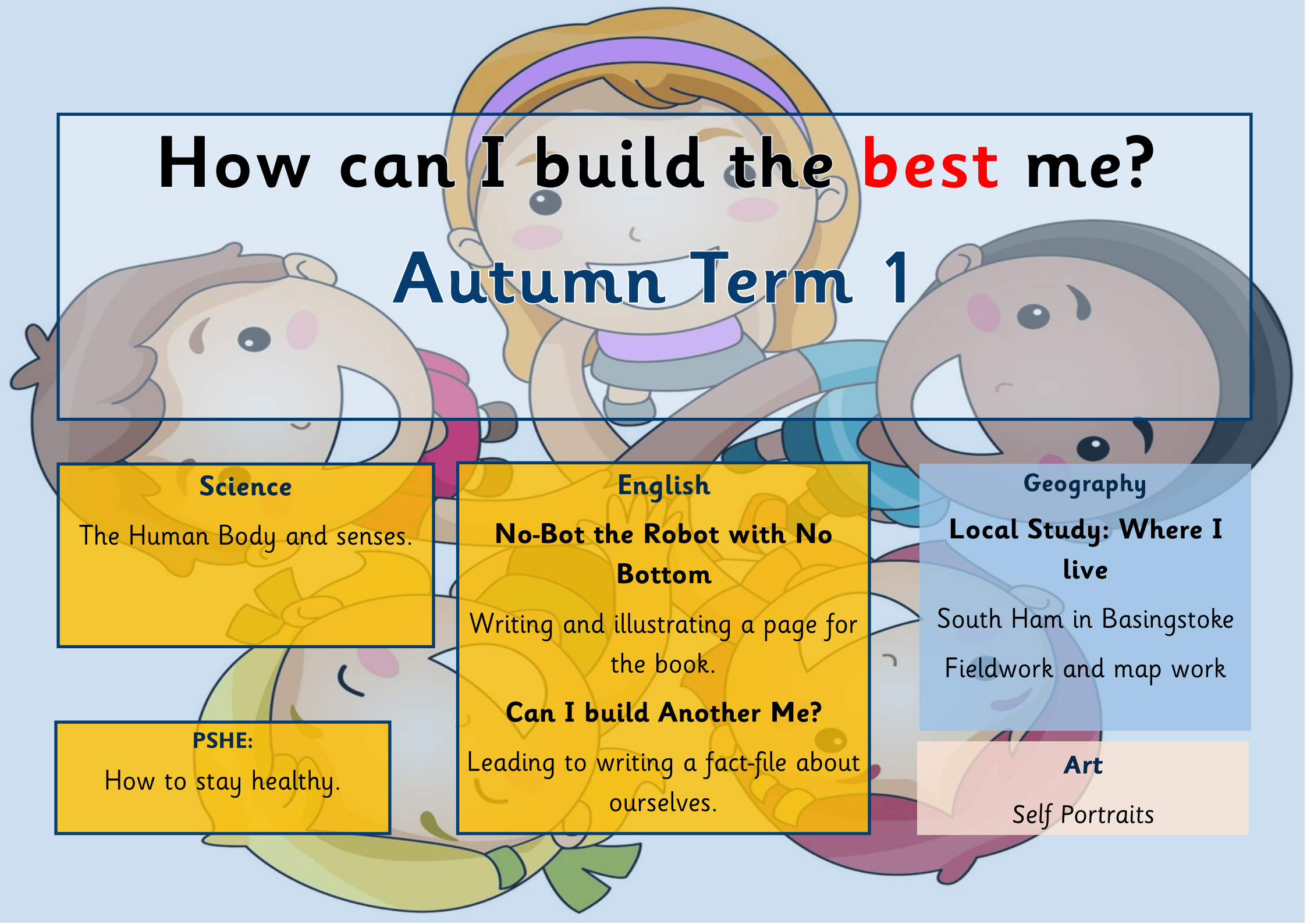


Three cartoon children are smiling in the background. A girl with blonde hair and a purple headband is in the center. To her left is a boy with brown hair, and to her right is a girl with dark skin and black hair.

# How can I build the **best** me?

## Autumn Term 1

### **Science**

The Human Body and senses.

### **English**

**No-Bot the Robot with No Bottom**

Writing and illustrating a page for the book.

**Can I build Another Me?**

Leading to writing a fact-file about ourselves.

### **Geography**

**Local Study: Where I live**

South Ham in Basingstoke  
Fieldwork and map work

### **PSHE:**

How to stay healthy.

### **Art**

Self Portraits

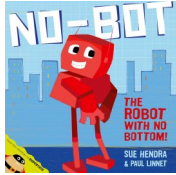


# How can I build the **best** me? Autumn Term 1 2025

Year 1



Park View  
Primary  
School

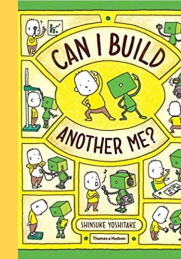


## English:

**Texts drivers: No-bot the Robot With No Bottom, Sue Hendra & Paul Linnet.**

**Can I build Another Me?, Yinsuke Yoshitake.**

We will write and illustrate our page for a narrative and create a fact-file about ourselves.



## Maths:

Number and Place Value.



## Science: The Human Body and Senses

We will learning about our bodies and our senses. We will know that we have five senses: sight, hearing, touch, taste and smell. We will also learn how to take care of our bodies by maintaining a balanced diet.

## Geography:

**Local Study: Where I live**

South Ham in Basingstoke

Fieldwork and map work

## Art:

We will look at different materials and equipment we can use to create art. We will look at the work of Picasso, Van Gough and Andy Warhol

We will create a self portrait.



**RE: Concept Thankful :** We will learn about the traditional English Harvest Festival and how it gives Christians an opportunity to show their thanks to God.



## PSHE:

Our focus for Autumn term is 'Healthy Lifestyles'. We will be looking at our physical health and Wellbeing.



**PE:** This term we will be developing the fundamentals of movement and ball skills.

## Wider learning at home

- Talk to you parents, grand-parents and other friends or family about what life and school was like when they were 5 or 6.
- Create a family tree and draw portraits for each member of your family.
- Enjoy the great outdoors and do some exercise with your family.
- Go on a number hunt with your family and friends and see where you can find lots of different numbers.
- Help your grown up prepare a meal and talk about all the different ingredients and the different colours you can see on the plate.
- Look at yourself in the mirror and point to your nose, eyes and mouth.